



## A Bright Future

The professionals at Daybreak understand how much you want your child to succeed. We know that it is a challenge when your child is struggling at home, at school, or in childcare. We are here to provide a brighter future for your family.

## How We Can Help

We use specially-designed research-based methods to help build skills for children to be happy, healthy and successful in school and at home.

## Success in 3–6 Months

Your child will begin to experience significant behavior improvements within days of starting at Daybreak. Most children will graduate and be ready to return to school in three to six months.



[www.daybreakbehavior.com](http://www.daybreakbehavior.com)

## Non-discrimination Policy

Daybreak recognizes, respects, promotes and celebrates the value of cultural diversity. We will ensure that your ethnic or cultural customs, practices, and beliefs, sexual orientation, gender, disability, and/or community differences will be respected.



Brighter Solutions for  
Mental & Behavioral Health

### Omaha

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Providing valuable behavioral and mental health treatment services to empower and enhance the lives of children, individuals and their families

# Brighter Solutions for Mental & Behavioral Health



## Your Child is Welcome Here

Our specialized day treatment program is specifically designed for children 2 years to 10 years of age who struggle with behavior challenges such as inattention, defiance, and aggression. Our program also helps address behaviors related to attachment, neglect and trauma. Your child will thrive in a safe, structured learning environment with trained, caring professionals who will guide your child's progress towards positive, healthy choices and behaviors.



## Everyone Grows and Learns

Daybreak also works with older children of all ages and their families in one-on-one sessions. Our goal is to empower families by giving them the tools and support they need to have enhanced relationships and positive interactions in all aspects of life.



## You know your child better than anyone!

With your involvement, we'll design a treatment plan based on your child's needs. We are here with you every step of the way! Our promise to you:

- › Low child-to-staff ratios
- › Daily communication about your child's progress
- › Resources for developing positive behavior reinforcement at home
- › Staff support after graduation

## Our Therapists...

Utilize these proven therapy techniques:

- › Behavioral Therapy
- › Cognitive Behavior Therapy
- › PCIT (Parent Child Interactive Therapy)
- › EMDR (Eye Movement Desensitization and Reprocessing)
- › TF-CBT (Trauma Focused Cognitive Behavior Therapy)
- › CPP (Child Parent Psychotherapy)

## Daybreak Day Treatment Center Hours:

Monday-Friday 6am-6pm

**To schedule a tour, call 402-932-7788**

## Intake Process

Call for initial screening with a clinician who will assist you in scheduling the appropriate services.

## Our Services

- › Day Treatment
- › Level 3 School
- › Intensive Outpatient (IOP) & Afterschool IOP
- › Family & Individual Therapy
- › Training:
  - Parent Child Interactive Therapy Training
  - Teacher Child Interactive Training

## Funding Sources

- › Aetna
- › Blue Cross Blue Shield
- › Cigna
- › Coventry
- › Medicaid
- › Midlands Choice
- › MhNet
- › Optum/Tricare
- › Schools
- › United Healthcare

